

SUMMARY: As clinicians treating individuals with central nervous system dysfunction, such as cerebral palsy, congenital hypotonia and other multi-system impairments, we can make advances in our clinical decision making skills by establishing hypotheses regarding the critical impairments that we observe in our assessments and be more precise in our treatment sessions.

This 2-day, hands-on lab intensive seminar is designed to further enhance the ability to treat individual's with CNS dysfunction. We will briefly review the current Neuro-Developmental Treatment Approach principles and rationales that support our treatment planning and the strategies used within a treatment session. Development of your handling skills will be emphasized as a way to influence multi-system and single system impairments related to the clients's functional outcomes. Development of specific handling skills related to in-effective posture and movement behaviors observed in the neurologically challenged client will be the primary focus of this seminar. The focus is on pediatrics however because the labs are practiced with adults the information is applicable to the adult population.

Discussion of therapeutic intervention and the clinical decision-making process will be discussed. A combination of didactic, video examples, laboratory learning experiences and patient demonstration will ensure the integration of NDT as a foundation for intervention.

PRESENTER: Gail Ritchie is an independent, pediatric therapy provider and Occupational Therapist offering a range of therapies based on the culmination of skills and expertise attained over the last 25 years. Therapies include a variety of techniques and strategies specific to the individual needs of the child and family, while providing both emotional support and challenge. A nationally and internationally renowned clinical educator and a certified NDTA instructor since 1996, Gail participated in the development of the book entitled *Neuro-Development Approach: Theoretical Foundations and Principles of Clinical Practice* and the study guide for *Neuro-Developmental Treatment Approach: Theoretical Foundations and Principles of Clinical Practice*. She is currently on the Theory and Curriculum Committees for the NDTA and offers private consultations and individualized therapy intensives. The instructor has no relevant financial or nonfinancial relationships to disclose.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. For a given individual with a neurological impairment, demonstrate the ability to use graded sensory input to influence posture and movement
2. After identifying the relationship between functional limitations, multi-system impairments, and single system impairments, prioritize 3 essential elements of intervention.
3. For a given neurological impairment, justify a treatment strategy using at least 3 interventions discussed.
4. For a given neurological impairment, demonstrate the ability to use sustained and intermittent touch of varying pressures with movement, joint compression, and traction.
5. Identify at least 3 treatment strategies/techniques that effectively address alignment, base of support, muscle activation and functional outcomes in the client with a neurological impairment.

FORMAT: This is a 15-hour course equivalent to 1.5 CEUs. **APTA:** Motivations Inc is an approved provider by The Texas Chapter of the APTA. We follow the guidelines of the Montana Board of Physical Therapy Examiners. **AOTA:** Motivations, Inc. is an approved CEU provider by AOTA. **ASHA:** This course is offered for 1.5 ASHA CEUs (Intermediate level, Professional area).

BRING: Course participants should wear loose, comfortable clothing that will allow facilitation of movement. Bring a thicker yoga mat since this is a handling intensive course with labs on the floor for 1 1/2 days.

AGENDA:

Day 1:

8:00 Introduction: Essence of NDT
 10:30 Break
 10:45 Postural Analysis and Control (Lab)
 12:00 LUNCH
 1:00 NDT Handling Concepts (Lab)
 2:30 Break
 2:45 Levels of touch – Compression/traction
 5:00 Adjourn

Day 2:

8:00 Elongation Facilitation (Lab)
 10:30 Break
 10:45 Facilitation of Transitions (Lab)
 12:00 LUNCH
 1:00 Patient demonstration
 2:00 Discussion
 2:30 Break
 2:45 Facilitation of Transitions (Lab)
 5:00 Adjourn

Course Offerings

Bozeman, MT: May 4-5, 2018

Hosted by MOSIAC Rehabilitation

For more information: www.motivationsceu.com or admin@motivationsceu.com

How do I register?



By Phone:
Call **(800) 791-0262** and provide the information requested on the registration form.



By Mail:
Complete the registration form and mail it to **Motivations, Inc.**



On the Web:
Visit www.motivationsceu.com to register!

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Or fax: (815) 371-1499, Questions? (800) 791-0262

Updated: 10/9/13

Course # Course Title		
Date(s)	Location	
Name	Discipline	
Facility		
Home Mailing Address		
City	State	Zip
Daytime Phone	Fax	
E-mail Address for Confirmation (will not be shared or sold)		

Rate	Description	15 Hrs
Consortium	Group Discount – Register your facility today or a group of 5	\$395
Association	Member of APTA, AOTA, NATA, ASHA, SCARF, or ATRI, etc.	\$445
Individual	Single Registration	\$495

Circle One: **VISA** **MASTERCARD** **AMEX**

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Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Motivations, Inc.

Accredited Continuing Education Courses

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Texas Physical Therapy Association

APPROVED PROVIDER OF CONTINUING EDUCATION
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Motivations Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEU, instructional level and content area. ASHA CEU Provider approval does not imply endorsement of course content, specific products or clinical procedures.

#329 Pediatric NDT Intensive Handling Techniques

Instructor
Gail Ritchie, OTR, C/NDT

A course for Physical Therapists, Occupational Therapists, and Assistants, and Speech Language Pathologists

8:00 am – 5:00 pm